

South Dakota Cross Country Track & Field Coaches Association
Academic All State Spring 2023

- Elkton – Lake Benton
 - Emily Robbins
- Deubrook
 - Treven Grimsrud
 - Gunnar Trooien
 - Richie Meyer
 - Ellie Olsen
 - Brooke Koppatschek
 - Ava Leen
 - Catherine Klein
 - Skylar Bauman
 - Joeve Krier
- West Central
 - Cambell Fischer
 - Molli Thornton
 - Brie Peters
 - Biz Johnson
 - Tessa VanOverbeke
 - Kaylee Kono
 - Alexa Larson
- Kimball
 - Dawson Miller
 - Porter Miller
 - Ryann Grussing
 - Taya Chelmo
 - Josie McCord
 - Dani Deffenbaugh
- Hanson Track
 - Ethan Cheeseman
 - Riley Haynes
 - Charlie Prien
 - Hadley Wallace
 - Erin Dewald
 - Karlie Goergen
 - Emalea Nelson
 - Annalyse Weber
- Britton-Hecla
 - BoDell Davidson
 - Gage Storley
 - Luke Storley
 - Wyatt Tosse
 - McKaelyn Zuehlke

- Jones County
 - Jolie Dugan
 - Emma Hunt
 - Jadya Jensen
 - Matthew Birkeland
- Canton
 - Fallan Lundstrom
 - Natylie Myers
 - Kale Ask
 - Josh Merkle
 - Tayten Aasheim
 - Derek Tieszen
 - Vaughn Stensland
 - Brayden Oakland
- Viborg-Hurley
 - Estelle Lee
 - Madelyn Vasgaard
 - Jacob Campbell
 - Shane Harms
- Aberdeen Central
 - Madison Aldridge
 - Anna Malchow
 - Claire Schaunaman
 - Elisha Snell
 - Madi Struble
- Garretson
 - Raegan Altman
 - Logan Bly
 - Preston Bohl
 - Sam Schleuter
- Kadoka Area
 - Reece Ohrtman
 - Grace Eisenbraun
- Tea Area
 - Lydia Decker
 - Kara Knutson
 - Stella Peterson
 - Kendra McKinney
- Lennox
 - Emily Plucker

- Yankton
 - Thea Chance
 - Tierney Faulk
 - Taryn Fitzgerald
 - Hope Leshner
 - Sydnee Serck
 - Luke Bernatow
 - Oliver Dooley
 - Zach Fedde
 - Samuel Larrington
 - Cody Oswald
 - Nath Schoenfelder
- Corsica-Stickney
 - Avery Broughton
 - Kendall Olawsky
 - Suttan Eide
 - Lucas Krogstad
 - Shad Bosma
 - Kayden Muck
- Castlewood
 - Mackenzie Everson
 - Carson Kirwan
- White River
 - Joe Sayler
- Ethan-Parkston
 - Kayleigh Royston
 - Faith Oakley
 - Ashlyn Tapio
 - Ty Fink
- Menno
 - Julia Buechler
 - Alana Fergen
 - Madelyn Kludt
 - Josephine Stokes
- Pierre
 - Danielle Beck
 - Autumn Iverson
 - Hannah Lemieux
 - Margaret Maher
 - Marlee Shorter
 - Maya Shorter
- Dupree
 - Raelynn Vines

- Burke
 - Brecken Bolander
 - Nick Nelson
 - Sawyer Tietgen
 - Kasper Schonebaum
- Potter County
 - Tyler Simon
 - Tanner Frickson
- Gregory
 - Kade Stukel
 - Jessy VanDerWerff
 - Luke Sinclair
- Sully Buttes
 - Lydia Hill
- Vermillion
 - Jack Freeburg
- Flandreau
 - Ethan Hoffman
 - Zyann Artoz
 - Katherine Kulm
 - Caleb Pitsenberger
- Lake Preston
 - Jake Larsen
- Sioux Falls Christian
 - Emma Buys
 - Sydney Campbell
 - Moriah Harrison
 - Bella Nelson
 - Peyton Poppema
 - Josiah Adams
 - Jabez Bekele
 - Ethan Bruns
 - Davis Buck
 - Isaac Davelaar
 - Jason Lenning
 - Connor Pruis
 - Jahaeim Reuer
 - Noah Schroder
 - Carter VanDonge
 - Kennan Voss
- Mount Vernon/Plankinton
 - Reed Rus
 - Chris Mayer
 - Daniel Laufman
 - Carter Davis

- Huron
 - Heavan Gainey
 - Brynn Gose
 - Dylan Lichty
 - Cole Oschner
 - Katelyn Radke
- Hot Springs
 - Jaylen Nachtigall
 - Alyssa Koffler
 - Autumn Westinghouse
 - Jenna Ellis
 - Meredith
 - Pate Fugier
 - Dylan Webb
- Lemmon
 - Andrew Dirk
 - Tru Newsome
 - Jale Yalowizer
- Webster Area
 - Erin Case
 - Max Duerre
 - Rylee Huwe
 - Jaiden McCreary
 - Drew Reetz
 - Sydney Simonson
 - Elliot Steiner
- Alcestor-Hudson
 - Katherin Lopez Perez
 - Peyton Meyer
 - Ella Serck
- Rapid City Christian
 - Kurt Dringman
 - Ryan Porch
- Gayville-Volin
 - Keanna Lee
 - Emily Nowak

- Sioux Falls Lincoln
 - Ali Bainbridge
 - Gabrielle Boucher
 - Lauren Holte
 - Katherine Mickelson
 - Jennifer Noutsougan
 - Emma Southwick
 - Trevor Fredenburg
 - Chase Henderson
 - Sam Hindbjorgen
 - Owen Horsted
 - Clark Lortscher
 - Ian Oliver
- Scotland
 - Martina DeBoer
 - Claire Janish
 - Bailey Vitek
- DeSmet
 - Julie Anderson
 - Jada Burke
 - Emma Albrecht
 - Damon Wilkinson
- Chester
 - Serena Larson
 - Rachel Lindholm
 - Kennedy Foster
 - Chasity Christiansen
- Madison
 - Trent Olson
 - Maycee Theede
- Dell Rapids St. Mary's
 - Josie Baumberger
 - Ella Griffin
 - Maya Heinitz
 - Gabriel Lindeman
- Aberdeen Roncalli
 - Zachary Daggett
 - Zachary Eschenbaum
 - Garrett Griffin
 - Lillian Jensen
 - Andrew Lewno
 - Michael Luu

- Rapid City Stevens
 - Hope Bryant
 - Claire Fierro
 - Evyenia Gillen
 - Brionna Holso
 - Sierra Hopp
 - Brooklyn Jurgens
 - Armailey King
 - Hailey Oswald
 - Macey Wathen
 - Simeon Birnbaum
 - Benjamin Lust
- Ipswich
 - Tyler Hettich
 - Ian Beyers
 - Carter Geditz
 - Turner Thorson
- Hitchcock-Tulare
 - Avery Miles
 - TJ Salmen
- Baltic
 - John Gonewold
- Groton Area
 - Aspen Johnson
 - Jacob Lewandowski
 - Caleb Hanten
 - Cole Simon
 - Andrew Marzahn
 - Kaleb Antonsen
 - Tate Larson
- James Valley Christian
 - Abby Hasart
 - Landon Wager
- Wolsey-Wessington
 - Joey Hoverson
 - Keegan Haider
 - Kaleb Cleveland
 - Mya Boomsma
 - Emree White
 - Summer Stahl
 - Leah Williams
 - Taylor Horn

- Colman-Egan
 - Reese Luze
 - Josie Mousel
 - Ava Mousel
 - Abby Rhode
 - Kadance Landis
- Miller
 - Tyra Gates
 - Jaden Werdel
 - Ally Mullaney
 - Terver Werdel
 - Eric Ames
- Milbank
 - Averie Engebretson
 - Laney Forrette
 - Ellie Neugebauer
 - Ashlyn O'Farrell
 - Maurina Street
 - Emily Wollschlager
 - Luis Berrones
 - Sammy Femling
 - Aidan Foell
 - Max Lightfield
- Sioux Falls Jefferson
 - Taylen Ashley
 - Ethan Briggs
 - Aiden Cuka
 - David Grabow
 - Tyler Horner
 - Tyler Kindvall
 - Luke Nelson
 - Tayten Sanow
 - Griffin Wilde
 - Barren Yellowbird
 - Ashlynn Daniels
 - Abby Moore
 - Bryten Roth
 - Sarah Zino

- Brookings
 - Gracie Adamson
 - Maddix Archer
 - Aletha Baker
 - Tayla Dobrenski
 - Sofia Dvergsten
 - Jessica Fourney
 - Madison Kepner
 - Jaixai Reineke
 - Allison Shefers
 - Jennavieve York
- Platte-Geddes
 - Aiden Bultje
 - Trevor Rolland
 - Briana Degroot
 - Regan Hoffman
 - Jamie Nelson
- Sioux Falls Washington
 - Ainsley Fahey
 - Taryn Larson
 - Anna Schneider
 - Dante Cabrera
 - Collin Feerick
 - Kael Miedema
 - Freddy Nishimwe
 - Nick Olson
 - Collin Winkleman
- Menno
 - Alex Fischer
 - Hayden McNinch
 - Kadeyn Ulmer
- Tri-Valley
 - Austin DeVries
 - Noah Haynes
 - Levi Langloss
 - Erica Bicknase
 - Ava Pearson
- Castlewood
 - Mackenzie Everson
 - Carson Kirwan

- O’Gorman
 - Alice Althoff
 - Jade Anstine
 - Maeve Boetel
 - Riley Buus
 - Andrew Dally
 - Aiden Geiver
 - Peyton Hage
 - Samuel Jacobson
 - Kyle Konechne
 - Jenna Krouse
 - Audrey Meyer
 - Julianna Peter
 - Nathan Ratzlaff
 - Makayla Tiaht
 - Meghan Tiaht
 - Gabe Tschetter
- Watertown
 - Brianna Johnson
 - Elizabeth Lake
 - Maddy Rohde
 - Jaxson Fiechtner
 - Briley Martin